

2nd Annual Frederick W. Thompson Anxiety Disorders Centre Conference



Obsessive-Compulsive and Related Disorders: Changing Concepts, Changing Science

Monday March 10, 2014

Sunnybrook Health Sciences Centre
2075 Bayview Avenue, Toronto, Ontario
McLaughlin Auditorium Room EG18A, E Wing, Ground Floor

Course Description

Our 1st Annual Conference won the **Ivan L. Silver Award for Excellence** in Continuing Mental Health Education! This year's event will focus on what clinicians and researchers need to know about the new DSM-5 Obsessive-Compulsive and Related Disorders, which include hoarding disorder, trichotillomania (hair pulling disorder), excoriation (skin picking) disorder, and body dysmorphic disorder in addition to OCD. We will kick off the day with a world-renowned expert on hoarding and related disorders, **Dr. Gail Steketee**, author of multiple workbooks for clinicians working with these conditions. We are also proud to have **Dr. Martin Antony**, author of over 29 books on OCD and anxiety discussing the relationship this new category of conditions has with anxiety broadly and the anxiety disorders more specifically. This day will also offer attendees a choice of workshops to meet a range of learner goals, from the practical "how to manage hoarding" to applying mindfulness techniques in your practice, and new understanding in neuroscience and psychopharmacology for these conditions.

Course Objectives

By attending this course, participants will learn to:

- Identify DSM-5 diagnostic criteria and key features of the new Obsessive-Compulsive and Related Disorders
- Summarize a comprehensive approach to Hoarding Disorder
- Apply advanced treatment principles to Obsessive-Compulsive and Related Disorders, drawing from psychopharmacology, CBT and "Third Wave" approaches (e.g. mindfulness)

PROGRAM | Each presentation will include time for questions from the audience.

Presenter

8:00	Registration and Breakfast	
9:00	Welcome and Introduction	Dr. Ken Shulman
9:15	Morning Plenary Session	
	Buried in Treasures: Hoarding Disorder Research Findings and Clinical Implications	Dr. Gail Steketee
10:45	Refreshments	
11:00	Morning Workshop Sessions	
	A) How to Screen and Recognize the new DSM-5 Obsessive Compulsive and Related Disorders	Dr. Nikola Grujich Dr. Vicky Sandhu
	B) The Application of Cognitive Behavioural Strategies for Obsessive Compulsive Disorder and Body Focused Repetitive Behaviours	Dr. Mark Sinyor Dr. Valerie Vorstenbosch Dr. Jenny Rogojanski
	C) Ethical and Legal Issues in Hoarding Disorder	Andrea Perry and Anita Barnes
12:15	Lunch (Provided)	
1:00	Afternoon Workshop Sessions	
	A) How to Manage Hoarding Disorder	Dr. Gail Steketee
	B) Pharmacotherapy for OCD and the new Obsessive Compulsive Related Disorders	Dr. Peggy Richter
	C) Mindfulness: Practical Techniques	Dr. Steven Selchen / Kate Kitchen
2:15	Refreshments	
2:30	Afternoon Plenary Session	
	Anxiety and Obsessive Compulsive-Related Disorders in DSM-5: Theoretical, Historical, and Practical Issues	Dr. Martin Antony
4:00	Closing remarks, Evaluations, and Prize Draw	Dr. Peggy Richter

Faculty	Planning Committee
<p>(more information available at http://www.sunnybrook.ca/SPICE)</p> <p>Martin Antony, PhD, C. Psych Anita Barnes, Community Legal Worker Nikola Grujich, MD, FRCPC Kate Kitchen, MSW, RSW Andrea Perry, OT Reg (Ont), MHSc Peggy Richter, MD, FRCPC Jenny Rogojanski, PhD, C. Psych (Supervised Practice) Vicky Sandhu, MD, FRCPC Steven Selchen, MD, MSt, FRCPC Gail Stekete, PhD Mark Sinyor, MD, FRCPC Valerie Vorstenbosch, PhD, C. Psych (Supervised Practice)</p>	<p>Peggy M.A. Richter, MD, FRCPC (Chair) Steven Selchen, MD, MSt, FRCPC (Co-Chair) Sharon Bieck-Shangrow, MSW, RSW Alison Culbert, MD, CCFP Lorraine Fairbloom, MA, BScOT, BSc, OT Reg (Ont), Kate Kitchen, MSW, RSW Barbara Newman, BSc, MD, FCFP Neil Rector, PhD, C. Psych Marci Rose, OT Reg (Ont), Vicky Sandhu, MD, FRCPC Shari Swartz, MD, Resident in Psychiatry</p>

Who should attend: clinicians, researchers and students from fields interested in Anxiety, OCD and Related Disorders, including: psychiatry, family practice, GP psychotherapy, psychology, social work, nursing and occupational therapy.

Fees and Registration: include breakfast, lunch, and refreshments

For Health Professionals\$225.00

For Residents, Fellows and Students.....\$95.00

Receipts will be issued via email.

Workshop Registration: To ensure optimal education the workshops are limited in the number of participants they can accommodate. Enrolment is on a first-come, first-served basis.

Online Registration:

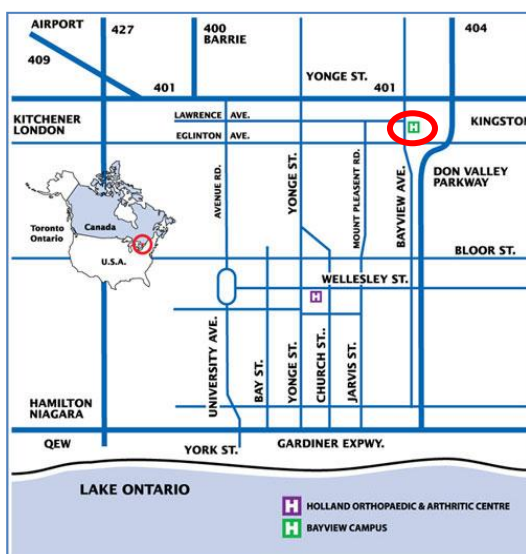
To register online and pay by VISA, MasterCard or American Express, please visit: <http://cpd.io/OCDconf>

Accreditation:



Continuing and Professional Development (CPD), Faculty of Medicine, University of Toronto, is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows CEPD to assign credits for educational activities based on the criteria established by The College of Family Physicians of Canada, and the Royal College of Physicians and Surgeons of Canada.

Location:



Contact Information: For more information please contact the Sunnybrook Psychiatry Institute for Continuing Education (SPICE): Tammy Mok, Administrative Coordinator, Tel 416-480-6736 (SPICE@sunnybrook.ca) or visit <http://www.sunnybrook.ca/SPICE>

Accommodations:

For a list of accommodations please visit: <http://sunnybrook.ca/content/?page=care-visit-lodg>

Cancellation: Refunds will not be issued for cancellations received after February 24, 2014. A processing fee of **\$60.00** will be retained on all cancellations. Requests for cancellation must be made in writing to info-psr14011@cepdtoronto.ca Registrations are not transferable

Disclosure: Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.