



safeTALK

FOR FAMILIES/SUPPORTERS



Suicide alertness training for family members and supporters of persons with mood disorders.

Mood Disorders Association of Ontario
Saturday November 28th
9:30am–1pm

Mood Disorders Association of Ontario

safeTALK teaches four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

Attend the half-day safeTALK program and learn to:

- identify people who may have thoughts of suicide
- ask them directly about the possibility of suicide
- connect them to life-saving resources

SATURDAY NOVEMBER 28TH, 2015

9:30AM -1PM

LOCATION: 36 EGLINTON AVENUE WEST SUITE 602

COST: \$30 INCLUDES LIGHT REFRESHMENTS

Please register at <https://www.eventbrite.ca/e/suicide-alertness-training-safetalk-for-familiessupporters-tickets-19271766372>

For more information please contact Becky Curran at 416-486-8046 ext 240 or beckyc@mdao.ca or learn more at www.livingworks.net/safeTALK