

Peer Support

- TIPS Line
- Walk-In
- Email
- Website/Forum



Finding Your Stream

Information

- Library
- Resource Station
- Drop-In Peer Support Online Resources



Counselling Services

Individual, Family and Group Counselling



Registered Programs

- WRAP
- Laughing Like Crazy



Recovery Model

Collaborative Care Centre Collaborative Sunnybrook
Partnership with Sciences Centre
Partnership Sciences

Peer Support

- One-on-One Support
- Drop-In Groups

Community Outreach

- Workplace
- Schools/Universities
- Distinguished Speakers





Provincial Affiliates

38 support groups in 30 communities



Community Inclusion

- Volunteering
- Facilitating
- Research Committee