



TELLING OUR
RECOVERY STORIES

Did you know that people with mental illness can recover? What is mental illness? What is recovery? Who better to answer than people who have first-hand experience?

Now Who's Talking – Telling Our Recovery Stories is an opportunity to hear firsthand accounts that provide insights and information about the problems people face and **how** they get **better**.

The Now Who's Talking, Recovery Storytellers are graduates of Elly Litvak's eight-week program of the same name where they learned to write, craft and share their stories.

Stigma Busting

Recovery stories bring mental illness out of the shadows. No longer is this subject hushed up or shoved under the rug.

Learn HOW people get well

Recovery stories give hope and inspiration to everyone. Audiences learn from people with the lived experience, the strategies and tools used to maintain their wellness.

For more information and booking storytellers contact:

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WHO'S CRAZY NOW
Wellness and Recovery Services
www.whoscrzynow.com

