



Laughing Like Crazy

Helping people cope with the symptoms and issues of mental illness through the vehicle of stand up comedy



“Let Us Entertain You!”

We are now seeking more Toronto area and South-Central Ontario bookings!

Combining stand-up comedy with mental illness is CRAZY. That’s why we do it!

The Laughing Like Crazy comedy troupe is made up of graduates of the 16-week Laughing Like Crazy program sponsored by the Mood Disorders Association of Ontario. Participants transform their experiences of mental illness and the psychiatric system into stand-up comedy. The result is a powerful, inspiring, and hilarious show!

Laughing Like Crazy aims to empower participants and audiences alike, breakdown isolation and anxiety, build self-esteem, and challenge stigma. Looking at difficult issues through the lens of humour provides an empowering perspective on mental illness, builds confidence, and improves communication.

Participants say:

“After this I can do anything!” – “Participating has had positive and lasting effects on my mental health” – “Humour has taken the place of anger for me” – “It was one of the best groups I’ve ever been in”

Audiences say,

“Not at dull moment! It was just as good as watching pro comics on TV” – “Inspiring!” – “Thank you for your bravery” – “I loved it all”

We are currently seeking new engagements and invite you to call today about booking our comedy troupe to perform at your next event, AGM, or group gathering. Our shows can run from 20 minutes to an hour, depending on your needs. We guarantee you a laugh-filled morning, afternoon, or evening show. We charge a modest fee to cover costs and provide an honorarium to each performer.

Some examples of organizations we have performed for: Toronto CMHA, Medical Ethics in Psychiatry Conference, York Mental Health Support Services, AWAY Express AGM, Family Council of CAMH, Whitby Mental Health Centre, Sunnybrook Hospital Dept. of Psychiatry, North Toronto Mental Health Services...Let your organization be next!

Our problems are transformed into laughter. There’s no point being sane unless you’re laughing like crazy!

**Let us make your next event memorably entertaining!
Book a show TODAY!**

For bookings, please contact:

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